



Independent Self Guided Great Ocean Walks 4 Day/3 Night Great Ocean Highlights (45km)



From a mild beginning, this walk jumps to the “Wild Side”, showcasing Southern Ocean views, pounding surf and secluded lunch spots. If you don’t have time for the whole walk, this itinerary delivers the highlights in four magic days.

Day 1: Arrive bothfeet lodge, Johanna by 10.30am and transfer to Apollo Bay.

(D) Take a look around Apollo Bay. Walk Apollo Bay to Shelley Beach.

Distance: 8km Grading: Easy to Moderate.

Day 2: Aire River to Johanna Beach

(B,L,D) Distance: 15km Grading: Moderate

Day 3: Milanesia to Moonlight Head

(B,L,D) Distance 12km Grading: Hard/Challenging

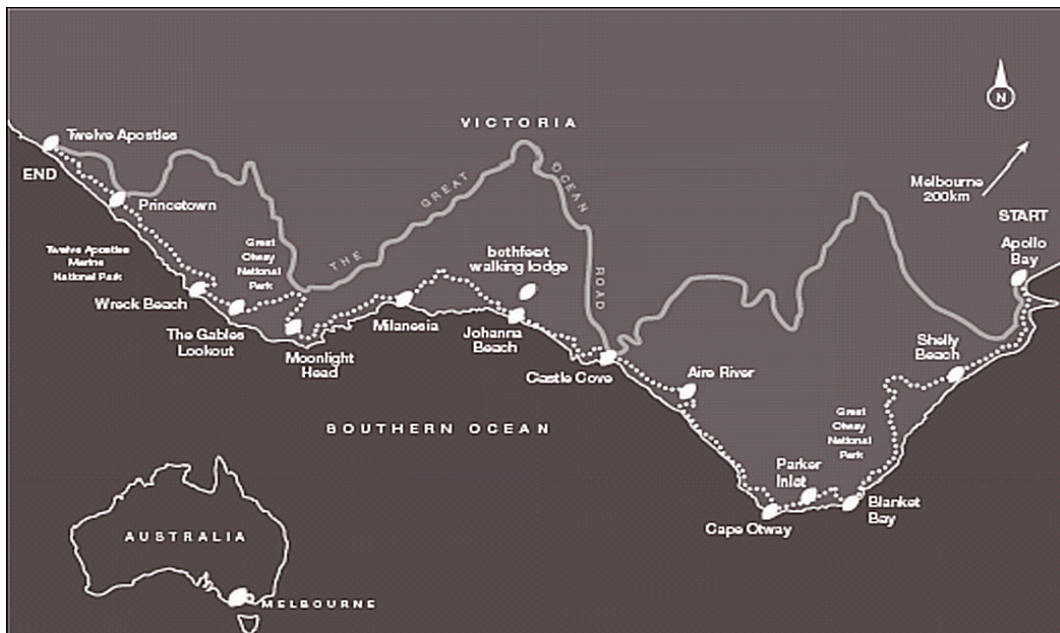
Day 4: Princetown to 12 Apostles

(B,L) Distance 9km Grading: Easy

B = Cooked breakfast, L = “Nourish” trail lunch, D = 3 course Dinner

Suggestion: On your last day, if self driving, you will leave the lodge after breakfast and drive your car to the 12 Apostles carpark. We will arrange a transfer back to Princetown and you will walk into your car. Why not take your lunch to Port Campbell and enjoy lunch on the beach near the Surf Club.

Note: bothfeet can arrange Melbourne transfers for you. If you choose this option, some alteration to the order of days may occur. You will start your walk in Apollo Bay at midday on Day 1 and return to Melbourne on Day 4 via the 12 Apostles. Melbourne drop off to your hotel is between 7.00 and 7.30pm. No airport drop off is available.



WE RECOMMEND YOU BRING

- 25-30 litre day pack
- 2 litre walk bottle or water bladder
- Weather proof (Goretex type) jacket
- Gaiters (boot covers)
- Walking boots: good ankle support and tread recommended. *New boots should be worn in well before the trip*
- Long pants x 1 (jeans are not recommended for walking)
- Long-sleeve shirt x 1
- Thermal top & bottoms x 1 each
- Fleece jacket or warm jumper x 1
- T-shirts/polo shirt x 2 (only 1 if you take the long-sleeve shirt for sun protection)
- Shorts x 1
- Socks x 3 & underwear
- Sunglasses
- Beanie or woolly hat – *(for cooler evenings)*
- Sun hat
- Sunscreen and insect repellent – *(also provided on walk)*
- Hand towel or body chamois *(handy for drying feet)*

4 Day Great Ocean Highlights walk includes per person:

- 3 nights eco lodge stay on a per person basis. All rooms have ensuites. Single travelers share an ensuite with one other person.
- 3 x 3 course dinners
- 3 x nourish lunch trail hampers
- 3 x cooked breakfasts
- Unlimited walk snacks & fruit
- Use of an EPIRB safety beacon
- La Gaia Foot Salts Spa
- 1x load of washing
- Map
- Trail Notes
- Daily walk transfers

Self Guided walkers bring your own gear. Gear Hire and sales are available at the lodge.